



skate WITH US

The Figure Skating Club of Southern Maryland is excited to offer our dynamic Learn to Skate program for skaters of all ages and abilities. Our program is designed to create a supportive and enjoyable environment for everyone, whether you're a beginner or looking to enhance your skills. Our experienced coaches will teach you the fundamentals of skating, including proper balance, edge work, strides, and jumps, while nurturing your confidence and love for the sport in a safe and fun atmosphere. Join us today and discover the empowering journey of skating on the ice.

SM
Southern Maryland
FIGURE SKATING CLUB

Next Session Starts:

August 27 (7 Weeks)

(No Class Labor Day Weekend)

\$150/Skater

Or Check Out Our FSCSM Skating Academy Options!

LEARN TO **SKATE** USA®

Learn to Skate USA® (LTS) uses a standardized curriculum endorsed by U.S. Figure Skating, USA Hockey, and U.S. Speedskating to guide skaters from basic to advanced skills.

At our home rink, Capital Clubhouse, we offer year-round LTS programming for skaters aged 3 to adults, including:

- 7 Weeks of 30-45 minute classes per week
- Seven (7) Free public skate session pass - valid during session
- Rental skates provided
- Free patch for each level passed
- written evaluation at end of session
- opportunity to participate in our winter and spring shows

To participate, skaters must be at least 3 years old and able to stand and walk in skates without assistance. We offer the following LTS programs:

Snowplow Sam: (Ages 3-5)

Snowplow Sam 1-4 is designed for kids under five to build confidence while learning to skate, incorporating fun and games, making class time and enjoyable experience for all.

Basic Skills: (Ages 6-Adult)

Our Basic 1-6 lessons put the FUN in fundamentals as skaters enjoy learning the basics of ice skating.

Free Skate: (Ages 6-Adult)

Pre-Free Skate through Free Skate 6 classes focus on transitions, spins, and jumps. More progressive skating skills like these give more determined skaters the challenges they crave.

Hockey: (Ages 6-Adult)

Before you can score a goal, you need to learn to skate. In the hockey program, skaters will learn how to be proficient and agile on the ice.



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